Rien pipe® is practical and easy!

- Use a Rien Pipe every time you smoke.
- Use the pipes sequentially.
- Smoke as usual.
- Do not skip ahead in sequence.

Manufacturer: Magical Inc.
Material: Non-toxic plastics (TPX, Polypropylene), Aluminum
Inquiries: www.SayonaraSmoking.com

For a Tobacco-free Body

MADE IN JAPAN
Customer Voices

“I took a little longer to quit smoking than the 31 days allotted in the Rien Pipe program, but I smoked my last cigarette on the morning of September 7. I have not had a cigarette now for one week, and my addiction recovery period has been relatively withdrawal and obsession free. Quitting smoking was much easier than any of the other times I’ve tried to stop smoking and so I have recommended Rien pipes to three of my friends who have all bought them so that they too can quit smoking.

I don’t know why I was able to quit smoking so easily using the Rien pipe, but I am tremendously grateful … It is most likely the single best thing that I have done for myself in the past decade. I don’t understand why it worked for me, but it has worked well as this is the longest I have gone without smoking in 7 or 8 years.

Thank you very much … this has really been a tremendous gift in my life.”

- Z. Leinfelder

“The good news is I haven’t smoked for 22 days now. I continued to use the Rien Pipe up to day 24 or 25 and I just didn’t want to smoke anymore... So I didn’t buy any more cigarettes. I didn’t complete the program but I didn’t want to keep smoking just to finish it.

I’m so happy I tried Rien Pipe. I tried to quit smoking several different ways in the past but with the Rien Pipe I was able to gradually cut down and eventually smoking was just not desirable to me anymore. This is a great stop smoking aid and I would highly recommend it to anyone who wants to quit smoking.”

- Carmen K.

“After smoking more than 20 years, more than a pack a day there was a day where I could not withstand myself and seeing how tobacco destroyed my health and more. During these years the only method I knew forced you to quit smoking overnight but this unaided only works with very few people.

Using Rien Pipe it was very easy and also, as the filters have a transparent part, each filter has taught me how much crap I get into my lungs every day. When day 31 arrived, I smoked my last cigarette. The first day is just thinking a lot about smoking and the habit you have but it is very easy to overcome.

Conclusion: I’ve stopped smoking definitely easily, but without the Rien Pipe system it would not have been possible and for the money I paid it’s great. I owe it my health and my future.”

- A. Schandl

“Thanks to you and your product, Rien Pipe, I was able to quit my smoking habit, for which I am really grateful to you. I used to be a heavy smoker with a smoking history of 25 years, but I quit with no pain. I even hate the smell of tobacco smoke now.”

- Kazue S.
Smoking-related diseases

Many doctors warn of the dangers of smoking-related diseases like lung cancer, heart disease and stroke. It has been widely reported that tobacco smoke contains over 60 types of cancer-causing substances. For instance, smoking is understood to be the cause of 90% of all lung cancer.

Studies conducted by Japan’s National Cancer Center show that among those who smoke 20 cigarettes every day, starting at age 20, 1 out of 6 will die from lung cancer. Contraction and/or aging of the veins from smoking triggers myocardial or cerebral infarction. Smoking has also been indentified as contributing to periodontal disease, the cause of tooth and gum decay. It has been proven that smoking reduces your longevity. It is misleading if you consider cigarettes as recreational or a mood enhancer. In addition, smoking increases the risk of Chronic Obstructive Pulmonary Disease (COPD), a devastating pulmonary illness.

What is COPD?
The World Health Organization (WHO) ranks COPD as the fourth leading cause of death in the world. In Japan, 1 in 12 people is suspected of having COPD.

Common symptoms in the early stages of COPD are coughs which lead to the presence of phlegm with the progression of the disease. It is difficult to notice if you have contracted COPD and harder to reverse the effects once contracted. When the lungs fail because of inflammation breathing becomes difficult. Smokers who notice short of breath from climbing or descending stairs and might cough up phlegm even though they don’t have a cold should be especially careful.

COPD is life-threatening especially when it advances to the stage where respiratory or heart failure can occur. Currently there is no available treatment for COPD but the first step in treatment the disease is quitting smoking. Habitual smoking puts you at risk for this incurable disease.

The best preventative method is to quit. If you started smoking from an early age and are a heavy smoker, this will increase your chance of COPD. Stop smoking now and live a longer, healthier life.
Some people have been smoking for 20, 30, even 40 years but you can get over your tobacco craving and addiction to smoking. When you decide to quit doubt might creep into your mind but with Rien Pipe there is no need for anxiety. Worldwide, over 550,000 people have successfully used Rien Pipe. The simple instructions and your desire to quit will help you reach your goal without failure. You can say goodbye to cigarettes forever.

**STOP SMOKING WHILE YOU SMOKE**

Have you tried to quit smoking before? How many times were you unsuccessful? Why haven't other products worked for you? One of the reasons is that they stress willpower.

For example, some products require that you quit cold turkey from day one. They demand that you instantly stop smoking when you have been a habitual smoker for years, even decades. The more pressure you feel not to smoke the greater you will crave a cigarette. This is how tobacco works.

Rien Pipe is getting a lot of support because it doesn't stress willpower, and smokers who aren't pressured to quit prefer a stress-free method. With Rien Pipe there are no withdrawal symptoms or harmful side effects. Our unique method allows you to smoke as much as you have always done as you simultaneously quit. Because there is a daily 3% decrease of nicotine your craving gradually lessens. It is an ingenious method for quitting smoking.

**Rien Pipe is different from products that demand willpower.**

Nicotine patches or gums may require that you go cold turkey from day one. Just imagine the enormous stress you would get from withdrawal symptoms. Rien Pipe allows you to quit smoking at your leisure with no added pressure.
Nicotine is the biggest challenge when it comes to quitting smoking. The WHO reports that nicotine causes life-threatening, cancer-related diseases. Although nicotine dependency varies from person to person, once you’re hooked it is hard to overcome the addiction.

Your body will always require a certain amount of nicotine in the bloodstream and your nervous system and brain will react negatively if the supply is cut off. Your nicotine cravings increase anxiety and discomfort. Quitting smoking instantly sends the nicotine-dependent body into shock!

How can the amount of nicotine be reduced without stress or painful withdrawal symptoms? We have designed the Rien Pipe to cut 3% of nicotine—the optimum amount to help you quit without cravings. Our studies show that if the amount of nicotine is cut by more than 5% or more you might feel stress or other powerful withdrawal symptoms. However, our clinical studies show that daily reduction of nicotine by 3% keep unpleasant reactions at a minimum. As a result, there is no discomfort when you start using the Rien Pipe for the first time. Your cigarettes will taste the same and this is the approach that we know will best help you to quit smoking. This is the basic, stress-free concept of using the Rien Pipe.

Cut nicotine by 3% everyday
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A method that is easy on the body
Rien Pipe cuts the amount of nicotine by 3% every day, gradually creating less dependency on tobacco. It safely tricks the physiological aspects of the body’s central nervous system which tends to be vulnerable to addiction. The daily reduction of nicotine intake by 3% will allow the body to adapt to less nicotine without trouble.

In addition, you can get the same satisfaction as before. In the end, the essence of our method is about readjusting your body’s craving for nicotine. Imagine how much healthier and vibrant you will feel as your body adjust to the reduced amount of nicotine every day. At the end of the month and when the 31 pipes have been used, you body will be satisfied with the amount of nicotine that has been cut by 95% without even realizing it. If you smoke tobacco that contains 0.1mg of nicotine and 1mg of tar, for example, the amount of nicotine will almost be eliminated and you’re in an easier position to quit any time you want. The Rien Pipe quit smoking method doesn’t impose physical or psychological burden.
The secret is here, in the micro-sized holes.

With the exception of the first pipe, the following 30 pipes each have micro-sized holes. The controlled amount of air that is inhaled is altered to control the amount of nicotine that gets filtered. The size of the holes differs for each pipe.

The holes are precisely designed to reduce the amount of nicotine by 3%. Again, the first pipe is designed without holes and meets the criteria to cut the allotted 3% of nicotine. Our ultra precise technology is reliable and can be trusted to help you reach your goal to quit cigarettes.

Rien Pipe Worldwide

Our trade secret and precision manufacturing technology is used in 8 of the 31 pipes, numbers 2 to 9. For example, the diameter of the holes for the 2nd pipe is 30 micron and 60 micron for the 3rd pipe. We use 1/1000 of a millimeter, or a micron to effectively cut nicotine intake that helps you to quit without the discomfort of side effects. Rien Pipe is currently of interest to Korean and North American smokers who really want to quit smoking.
We recommend that you use the 31 pipes sequentially over the course of a month

95% less nicotine in one month

If over the course of a month you smoke a brand of tobacco that contains 0.1mg of nicotine and 1mg of tar, we recommend that you start with the 1st Rien Pipe in our method. The amount of nicotine will be cut by 3% everyday, with 95% of nicotine cut by the end of a month, as shown in the figure below. This means that your body will be satisfied with 0.005mg of nicotine at the end of the program. This is almost like not smoking—the power is in the pipe.

You can still smoke as you usually do

Rien Pipe cuts down on the amount of nicotine everyday but your cigarettes will taste the same. Smoke as much as you normally would. At the end of the day, the amount of nicotine will be 3% less but you will be 100% satisfied. The following day, use the sequential pipe. While sleeping, the blood concentration of nicotine decreases and you won't feel the difference that 3% makes. Please repeat the process by using the pipes in sequential order.

Use the pipes in sequential order

Rien Pipe is effective in helping you to quit smoking only if you follow the simple guideline and use the pipes in sequential order over the course of a month. Please don't let your desire to quit compel you to rush the process. If the nicotine level plummets in a single step, the precise Rien Pipe won't work its magic.
Smoke a cigarette with over 0.2mg of nicotine?
When you start using the 31st pipe you will have cut your overall nicotine intake by 95%. This number may be high but to reach the desired target of 0.005mg, we recommend switching to a cigarette of 0.1mg and reusing the pipe. Please be aware that the number of the pipe used after return depends on the amount of nicotine contained in the tobacco being smoked.

For example, if you smoke 0.6mg of tobacco, you can return to the 23rd pipe and stay with the program for 9 days for you to reach the final goal of 0.005mg of nicotine.

Accordingly, those who smoke cigarettes with high nicotine content can reduce the amount smoothly as well. Clean each pipe with soapy water or rubbing alcohol to have the number easily recognizable and keep it in a safe place. You can also purchase additional pipes separately.

Not sure how much nicotine is in your cigarette? Please visit www.SayonaraSmoking.com/faqs.
Your target goal of 0.005mg of nicotine is practically the same as not smoking
Rien Pipe is designed to help you quit smoking completely. Results however vary from smoker to smoker. If you use pipes 1 through 31 and reach the final goal of 0.005mg of nicotine, it is practically the same as not smoking.

At this point your body is capable of quitting anytime. Results vary and some people continue using the 31st pipe. When you reach this point the ultimate decision is in your hands. It’s no problem if you continue to smoke as long as you use the pipes.

A Magical Day
Many smokers who have used Pipe #31 report experiencing an unexpected change—a day when they would have smoked under normal circumstances the craving for tobacco was finally gone.

The day when you have no desire to smoke is a day for celebration. When you reach the 31st pipe your body will be less dependent on nicotine but your heart may also not be ready. Regardless, the Rien Pipe is an effective way for smokers who want to quit smoking cigarettes stress-free.
I'd like to quit smoking ASAP. Is it OK to skip over pipes?

Please use the pipes in the right order. The important thing is reducing the amount of nicotine you take in without changing the taste of the cigarette. If the amount of nicotine falls drastically in short time it will increase the cravings for a smoke, making you stressed and making it difficult for you to quit. You must use the pipes in the order indicated, and use one pipe for the duration of a day.

I've used the pipes for 31 days, but I can't make up my mind to quit.

When are you on the 31st day of using Rien Pipe, you are at a state where you hardly take in any nicotine. However, you may have a hard time kicking the habit for good. If you don't feel like completely quitting just yet, keep using the 31st pipe. It's important to not give up at this stage, starting to smoke without the pipes. To successfully quit smoking, you need the determination of “From now on, I won't smoke”.

I've misplaced my pipes.

If you've lost a pipe that you need for the day, use the following day's pipe. Although you may experience a bit of discomfort, you will get used to it after two or three days. You should never just smoke a cigarette without a pipe just because you've misplaced the pipe.

Why do I need to replace the pipe in the morning?

Normally, the density of nicotine in the body falls sharply when you wake up in the morning. The reason why smoking feels more intense than usual when you get out of the bed in the morning lies in this as well. By getting a new pipe for the first smoke of the day, you can change over to a pipe that gives 3% less nicotine compared to the previous day's pipe without feeling any discomfort.

Pipes have become clogged up, making them hard to smoke.

They can be separated and cleaned. If a lot of tar is attached to the tar sticks, wipe it off using warm water and dishwashing liquid or cloth moistened with rubbing alcohol.

Q & A

Q
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